

Sunday, October 28, 2018



BSMMU celebrates World Physiatry Day

Staff Correspondent | Updated at 02:42am on October 28, 2018



Department of Physical Medicine and Rehabilitation and Bangladesh Association of Physical Medicine and Rehabilitation jointly hold a discussion marking Physiatry Day 2018 at Shaheed Milon Auditorium of Bangabandhu Sheikh Mujib Medical University in Dhaka on Saturday. — New Age photo

Bangabandhu Sheikh Mujib Medical University on Saturday celebrated World Physiatry Day.

‘Making life pain free and functional,’ was the theme of the celebration.

On October 26, the day was celebrated worldwide.

BSMMU department of physical medicine took out procession at Shahbagh in the capital and hosted discussions at the medical university's Dr Milon Hall to celebrate the day.

Physical medicine chairman professor Taslim Uddin, who chaired the discussions, said that at least one in four adults in Bangladesh were suffering from partial or complete disabilities due to problems in their muscles, bone and nerves.

Determination, classification and intensity of patients' disabilities was essential to enable them to resume normal activities, he said.

But due to shortage of qualified physiatrists, many people rely on inexperienced physiotherapists, who have no academic knowledge about the anatomy and physiology, Taslim Uddin

said.

He said proper coordination of medication along with disability classification and intensity determination by physiatrists were essential to fully cure a patient.

Doctor Mohibur Rahman Rafe said the physiatrists not only think about the patients' illness and treatment, but also about their complete cure and how he or she could resume normal activities.

Bangladesh Association of Physical Medicine and Rehabilitation general secretary Shahadat Hossain said currently physical medicine department was there at BSMMU and 14 government medical colleges and five specialized medical institutes.

He said the demand for physical medicine physicians was increasing for the healthy life of people.

The current focus on producing more physiotherapists rather than physical medicine physicians cannot provide the desired results, he said. Dhaka Medical College physical medicine department chairman Soheli Rahman, BSMMU professor Shamsun Nahar, Salimullah Medical College physical medicine chairman Mohibul Islam, BSMMU proctor Mojaffar Ahmed, doctor Ali Emran and Moshir Rahman Khasru spoke among others.



Editor: **Nurul Kabir**, Published by the Chairman, Editorial Board ASM Shahidullah Khan on behalf of Media New Age Ltd. 30 Tejgaon Industrial Area, Dhaka-1208 Phone: 880-2-8170450-56 (PABX), Fax: 880-2-8170457

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