

BRAC Univ launches 1st MSc in mental health

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A speaker addresses a discussion while others react on BRAC University campus at Merul Badda in Dhaka on Sunday. | Press release photo [Dhaka city guide](#)

BRAC University has launched Bangladesh's first master of science in mental health and psychosocial support programme.

The programme was launched through a discussion titled 'Mental health for all: Breaking stigma, building capacity', organised by the BRAC IED on the university's Merul Badda campus on Sunday, said a press release on Tuesday.

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Aimed at addressing growing mental health needs in Bangladesh and contributing to advocacy, innovation, and leadership through the upskilling of professionals, the programme will be run by the BRAC Institute of Educational Development.

The deadline for submitting applications is December 28 and classes are expected to begin in February 2026.

Students, academics, professionals, and mental health advocates came together to discuss mental wellbeing, tackle stigma, and promote stronger mental health support systems.

BRAC University pro-vice-chancellor Arshad Mahmud Chowdhury and Erum Mariam, executive director of the BRAC IED, laid emphasis on multi-sectoral integration of mental wellbeing in their speeches.

The launch of the programme advances several United Nations Sustainable Development Goals, particularly SDG 3—good health and well-being, SDG 4—quality education, and SDG 17—partnerships for the goals.