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Women, Education And Stress

Women, as they acquire education which, in theory, is supposed to prepare them for a better life, often find, they are faced with a great deal more stress than their uneducated counterparts. Recently, a young educated lady of our acquaintance, chaffing under the ropes which bind her to the forces of tradition, spoke feelingly of the waste education is on women in our country and duty would have been better served if parents merely gave training in culinary skills and other household attributes which would fit women for their role in life, as perceived by their husbands, and that education only helps to increase the stress and tensions in their lives.

Expanding on her ideas she states that housework requires little intelligence and can be accomplished by a moron just as well and when menial tasks are to be performed without benefit of labour saving devices it adds to the frustration of the educated for these time consuming tasks of daily drudgery leave little time or energy for mentally satisfying undertakings, therefore it is better if the promise of a better more fulfilling life is never glimpsed by them at all. What she is saying is, when the society cannot offer her anything better than the role of housewife, it is unfair to allow her to catch a glimpse of a better life, since it merely adds to her frustration and stress and certainly does not make her function any better as a housewife.

These are points of view we find frequently in our conversations with women in their role as educated wives. Does education and stress go hand in hand for women, thus negating all the good aspects of an access to education and the modern world?